

Education

University of Alabama-Birmingham	Birmingham, Alabama	August 2007- May 2009
<i>Masters of Science in Clinical Nutrition; Emphasis in Exercise Physiology</i>		
Dietetic Internship		August 2007 - May 2008
Nutrition Fellowship		May 2008 - May 2009
Auburn University	Auburn, Alabama	August 2002- May 2007
<i>Bachelor of Science in Nutrition and Food Science; Minor in Human Development and Family Studies</i>		

Credentials

Alabama State Licensure	Licensed Dietitian	2009
Commission on Dietetic Registration	Registered Dietitian	2008

Related Work Experience

Senior Nutritionist; Childrens Rehabilitation Service, Dothan / Andalusia AL	October 2023- present
<i>Coordinate Feeding Clinic with multidisciplinary team</i>	
<i>Screen and assess patients for all medical evaluation clinics</i>	
<i>Serve as nutrition expert within the district for team members, staff, and physicians</i>	
<i>Facilitate any group or community outreach efforts set forth by the Alabama Department of Rehabilitation Services</i>	
Registered Dietitian and Consultant, Lightfully Behavioral Health; California USA	April 2022- Present
<i>Develop and facilitate nutrition and wellness groups for residential, partial, and outpatient levels of care</i>	
<i>Assess, Intervene and Monitor individual clients with identified nutrition support needs</i>	
<i>Coordinate with treatment team and administrative staff to support education and counseling for nutrition</i>	
<i>Develop and implement assessment tools for the electronic medical record</i>	
Adjunct Professor, Department of Kinesiology / Health Promotion; Troy University	December 2016 - Present

Developed all educational curriculum for Diabetes Education and all initiatives Quality Improvement
Implemented Malnutrition Screening to identify patients to identify at-risk, chronic patients and increase reimbursements
Coordinated and facilitate outpatient groups for nutrition education
Precepted for graduate and undergraduate nutrition students

Director Nutrition /Food Service; Medical Center Enterprise Nov 2016 – December 2017
Oversaw purchasing, accounting, staffing, scheduling, menu planning within Food Service Department
Managed clinical nutrition program, outpatient consulting, food service and catering within in the hospital
Member of the Interdisciplinary patient care team and wound care team
Provided medical nutrition therapy, education, and nutrition counseling to clients in the inpatient and outpatient setting
Developed all educational curriculum for Diabetes Education and all initiatives Quality Improvement
Coordinated and facilitate outpatient groups for nutrition education
Precepted for graduate and undergraduate nutrition students

Assistant Director of Nutrition and Food Service; Medical Center Enterprise Oct2015- November 2016
Assisted Director of department for clinical and food service management
Served as preceptor for undergraduate students and interns in Nutrition and Dietetics
Developed plans for ongoing administrative projects relative to patient need and facility need
Managed food service workers and kitchen team leaders
Provided medical nutrition therapy, education, and nutrition counseling to clients in the inpatient and outpatient setting
Coordinated outpatient groups for nutrition education
Collaborated with interdisciplinary clinical team to develop and manage client care/treatment plans

Clinical Health Consultant; Health Diagnostic Laboratory, Inc.

Affiliations

Academy of Nutrition and Dietetics
Southeast Alabama Dietetics Association

2014- present